

# THE POWER OF PAUSE WORKSHOP

SUNDAY, MAY 24<sup>TH</sup>, 2026

1:00PM-4:00PM

WITH



JODI GAGNE



CHRISTINA WONG

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FOR ANYONE WHO KNOWS HOW TO PUSH THROUGH—  
THROUGH DEADLINES, RESPONSIBILITIES, AND THE QUIET  
PRESSURE TO “HANDLE IT”—AND IS READY FOR A MOMENT  
WHERE YOU DON’T HAVE TO.

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Tickets & Info

