

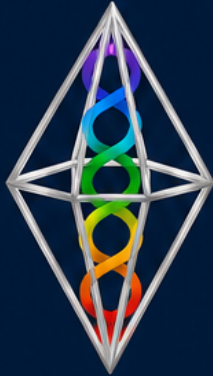
— THE RISING SUN —

DEEP HEALING. LASTING TRANSFORMATION.



BODY. MIND. SOUL. INTEGRATED.

Explore beyond the ordinary and access the deeper wisdom of your soul. Heal at the root. Live in alignment. Thrive in every area of your life.



CONSCIOUSNESS HEALING®

A SCIENCE OF HEALING. A PATH OF TRANSFORMATION.

Consciousness Healing® explores the interconnected relationship between thoughts, emotions, behaviors, relationships, stress, lifestyle, and meaning.

These factors influence how we experience health, wellbeing, and our ability to navigate life's challenges.

Our goal is to help individuals cultivate greater awareness, regulation, and resilience so they can participate more actively in their own wellbeing and healing journey.

Awareness creates choice.

Choice creates change.

Repeated change creates transformation.



Rev. Kay Rodrigues

ORDAINED MINISTER

Consciousness Healing® Founder & Practitioner

SERVICES OFFERED



PAST LIFE REGRESSION

Access subconscious memory fields to uncover patterns, soul themes, and deeper understanding.



LIFE BETWEEN LIVES (LBL) REGRESSION

Explore your soul's journey between lifetimes, connect with your higher self and soul group, and gain clarity and direction.



TRAUMA HEALING

Release stored emotional pain, reframe past wounds, and heal the inner child for emotional freedom and nervous system balance.



CLINICAL HYPNOTHERAPY

Evidence-informed hypnotherapy for behaviour change, habit transformation, pain management, addiction support, and overall wellbeing.

Clinical Hypnotherapist | Integrative Health Practitioner
NLP Practitioner | Regression & Past Life Therapist
Consciousness Healing® Practitioner



NGH
CERTIFIED



PROFESSIONAL
INSURANCE
IN PLACE



PROFESSIONAL
& ETHICAL CARE

Member of the National Guild of Hypnotists (NGH)
NGH membership represents professional credibility, ethical practice, and recognized hypnosis credentials worldwide.



RELEASE

What no longer serves you



REWIRE

Transform patterns at the root



REALIGN

Restore balance within



RISE

Live with clarity, purpose & freedom

BY PRIVATE BOOKING | \$120 PER SESSION



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📍 The Rising Sun, Richmond Hill, ON



FREE 15-MINUTE CONSULTATION

A safe, professional, and compassionate space for your transformational journey.

Awareness itself is transformation.

— Rev. Kay Rodrigues

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