

THE RISING SUN

DEEP HEALING. LASTING TRANSFORMATION.



BODY. MIND. SOUL. INTEGRATED.

Explore beyond the ordinary and access the deeper wisdom of your soul. Heal at the root. Live in alignment. Thrive in every area of your life.



CONSCIOUSNESS HEALING®

A SCIENCE OF HEALING. A PATH OF TRANSFORMATION.

Consciousness Healing® explores the interconnected relationship between thoughts, emotions, behaviors, relationships, stress, lifestyle, and meaning.

These factors influence how we experience health, wellbeing, and our ability to navigate life's challenges.

Our goal is to help individuals cultivate greater awareness, regulation, and resilience so they can participate more actively in their own wellbeing and healing journey.

Awareness creates choice.

Choice creates change.

Repeated change creates transformation.



SERVICES OFFERED



PAST LIFE REGRESSION

Access subconscious memory fields to uncover patterns, soul themes, and deeper understanding.



LIFE BETWEEN LIVES (LBL) REGRESSION

Explore your soul's journey between lifetimes, connect with your higher self and soul group, and gain clarity and direction.



TRAUMA HEALING

Release stored emotional pain, reframe past wounds, and heal the inner child for emotional freedom and nervous system balance.



CLINICAL HYPNOTHERAPY

Evidence-informed hypnotherapy for behaviour change, habit transformation, pain management, addiction support, and overall wellbeing.

Rev. Kay Rodrigues

Ordained Minister

Consciousness Healing® Founder & Practitioner

Clinical Hypnotherapist | Integrative Health Practitioner

NLP Practitioner | Regression & Past Life Therapist

Consciousness Healing® Practitioner



CERTIFIED



PROFESSIONAL
INSURANCE
IN PLACE



PROFESSIONAL
& ETHICAL CARE

Member of the National Guild of Hypnotists (NGH)
NGH membership represents professional credibility, ethical practice, and recognized hypnosis credentials worldwide.



RELEASE
What no longer
serves you



REWIRE
Transform patterns
at the root



REALIGN
Restore balance
within



RISE
Live with clarity,
purpose & freedom

BY PRIVATE BOOKING

\$120/per session



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The Rising Sun, Richmond Hill, ON



FREE 15-MINUTE
CONSULTATION

A safe, professional, and compassionate space for your transformational journey.

Awareness itself is transformation.

— Rev. Kay Rodrigues

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