

Tired of Pain? Frustrated of Unresolved Health Issues?

Bowen Therapy is a unique and effective technique that works by stimulating the vagus nerve, which plays a vital role in managing stress, anxiety, sleeping issues and emotional balance.

Bowen Therapy offers rapid, long-lasting relief from almost any form of discomfort and pain.

Most conditions respond within five to six treatments.

Its subtle moves stimulate the nervous system and fascial pathways, addressing the root cause of discomfort rather than just the symptoms.

That's why it's often more effective and longer-lasting than massage, osteopathy, chiropractic, or acupuncture - delivering true, lasting relief with fewer sessions and no forceful adjustments.

Fees: First session \$180 for 90 minutes (includes intake, assessment and full body treatment)

\$125 for 60 minutes (followup assessment and specific treatment)

For relaxation and vagus nerve reset: \$125 for 60 minutes

Nurture your body, mind and spirit even more!
Combine Bowen Therapy with Homeopathy, or
Reflexology and get 20% off!

**Call us at 905-884-3262
to book a session with Angelica Necula,
Homeopath, Bowen Therapist, Reflexologist**

